

SKIN REJUVENATION

aftercare

- ✓ It is normal for the skin to be red around the area of injection but also white around the area the anaesthetic cream/injection was applied. This should only last a few hours.
- ✓ Lumps can occasionally occur when the dermal filler absorbs water from the body and swells.
- ✓ Rarely numbness and/or tingling over the site of injection may occur for a few days.
- ✓ Bruising is the most common complication of treatment.
- ✓ No make up for 24 hours.
- ✓ Often superficial lines in the face are 'highlighted' in pink or red following treatment. This effect will settle within a few days.
- ✓ Until the initial swelling and redness have resolved, do not expose the treated area to intense heat (i.e. solarium, sauna or sunbathing).
- ✓ Avoid gym for the first 24 hours.
- ✓ There is a risk that the needle punctures could contribute to eruption of cold sores (this question is on the consent form).
- ✓ Use of aspirin, clopidogrel, warfarin or similar medication, may increase the bruising or bleeding at the injection site. It is very uncommon to have any serious side effects.
- ✓ Profhilo Hyaluronic Acid (HA) occurs naturally in our body, so there is minimal risk of an allergic reaction. Other biostimulators such as ellanse and radisse kickstart collagen stimulation with a low-grade inflammation response. In contrast, the slow release of biocompatible HA that bio-remodels has had no reported risk of granuloma.
- ✓ Do not use ice on your face and avoid using arnica/bromelain. These may interfere with the natural inflammatory process that is critical for your skin rejuvenation.
- ✓ Please do not wash the treated area for at least 8 hours after your treatment, do not take hot baths for up to 48 hours.
- ✓ Avoid sun tanning and prolonged exposure to direct sunlight for at least 2 weeks. After 24 hours, always use sunblock (30 spf or higher) and wear a hat if you are outside.
- ✓ Use a painkiller, such as paracetamol, if you experience any soreness.
- ✓ Please ensure to remain hydrated after this treatment.

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