

# DERMAL FILLER

## aftercare

- / Avoid touching the area and applying cosmetics for 12 hours following the treatment.
- / Avoid alcohol for 24 hours before and after the treatment.
- / Keep the lips hydrated, drinking plenty of water using a moisturising lip balm with an spf will help prolong the life of the filler.
- / Avoid sunbeds, steam rooms and saunas for 14 days.
- / Avoid strenuous exercise for 48 hours.
- / If you have previously suffered facial herpes, there is a risk that injections could contribute to another eruption.
- / Avoid blood thinning medications such as ibuprofen/aspirin. This will exacerbate bruising.
- / Any injection causes an inflammatory response; This is not uncommon for the treatment area to remain swollen up to two weeks. During this time, the area may look uneven, feel bumpy, bruised, discoloured and may feel sore. Please do not panic, it is normal during this period to not be entirely happy with your results.
- / The filler does not disappear or dissolve; the filler has simply sunken and formed a layer at the base of your treatment area. Many clients find they need two or three sessions in order to build these layers for the desired results.
- / Be aware of the signs that would urge you to contact your practitioner urgently; fevers, increasing redness and heat, severe increasing pain, discoloured blotches or skin blanching.
- / Unfortunately, we cannot predict how many sessions each individual each individual will require to achieve their desired result and therefore cannot be held accountable if several sessions are needed. The results of your treatment durability and end results are influenced by several genetic and lifestyle factors, completely out of our control.
- / If you have any concerns, please book in for a review after this two week period.

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