

AQUALYX FAT DISSOLVING

aftercare

- ✓ Aqualyx is made up from a number of different plant based compounds that have been refined in a lab environment. Aqualyx dissolves the membranes of fat cells in the treated area. The fat cells become unstable and break open. The fatty acids contained within the cell are then eliminated by macrophages (part of the body's immune system) and the liver.
- ✓ Swelling, haematoma, pressure sensitivity, moderate pain and itching within the treated area is completely normal. Sometimes swelling can be quite severe and persist for quite some time depending on area treated.
- ✓ In less common cases dizziness can occur for about 2 hours after the procedure. If this occurs please do not panic, drink plenty of water and rest. Notify your practitioner if this does not subside.
- ✓ Do not apply any kind of cosmetics onto the treated area within the first 12 hours following treatment.
- ✓ Avoid immediate exposure to heat sources for 7 days (e.g. sunlight, uv-radiation, sauna) in the treated area.
- ✓ Avoid treatments using laser, cryolipolysis or radiofrequency. Please speak to your practitioner as to how long you need to leave before you resume any of these treatments (often a period of six months or more).
- ✓ Abstain from particularly demanding physical exercise for 7 days.
- ✓ Massage daily. The area will feel tender but persist with gentle motions for 1-2 weeks after the procedure.
- ✓ Who is aqualyx suitable for? If you are maintaining a healthy lifestyle and are close to your ideal body weight, but have isolated stubborn areas of fat then aqualyx might be suitable for body contouring.
- ✓ Aqualyx is not suitable for you if you, have diabetes, have liver or kidney disease, have active skin problem in the area to be treated and are taking blood thinning medicine such as Warfarin.
- ✓ Number of aqualyx treatments required varies depending on the size of the fatty deposit. Typically 1-3 treatments for small areas, such as jowls and under the chin, 2-8 for larger areas such as the thighs.
- ✓ Immediately after treatment you may appear red and swollen with some bruising on the treated area. Aqualyx works by causing an inflammatory reaction in the fat cells which can result in swelling for 3-5 days. Therefore, if you intend to have a facial treatment, e.g. double chin where swelling may be obvious, you may wish to organise time away from work or social engagements.
- ✓ You will be able to reduce the swelling by using a cool pack wrapped in a clean cloth for a maximum of 20 minutes each day. You cannot use anti-inflammatory tablets for 48 hours after treatment.
- ✓ The area may feel tender and firm for up to 8 weeks post treatment.
- ✓ If you have any concerns, please contact the salon.

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